

CERTIFICATE OF PARTICIPATION

This is to certify that

Frits Bouwer

Has successfully participated & completed the

10km Konka Farm Run

held at Konka.

TIME 00:58:59

PACE 05:52/km

OVERALL 55 of 316

GENDER 44 of 142

40 - 49 12 of 32

31 August 2019, Sat

Date



BoutTime

Signature

